

Cheektowaga Senior Services NOVEMBER 2016



**3349 Broadway Street
Cheektowaga NY 14227
716-686-3930**

www.tocny.org/departments/seniorservices.aspx

DIRECTOR'S CORNER

Dear Friends,

It's November and we celebrate three great holidays this month. This will be the first year that our Center will be open on Election Day. We had to cancel our Cribbage play that day because that card room will be the designated polling place. I certainly hope you will all get out to vote it...is a responsibility and a privilege!

We then celebrate Veterans Day which always falls on November 11. Most know it is a day to honor our Veterans, but few realize the historical significance behind the day. Veterans Day originated as Armistice Day and marked the end of hostilities of World War I that occurred at the 11th hour on the 11th day of the 11th month. A most sincere thanks to all those men and women who have served to keep our country safe and free.

Finally, we celebrate Thanksgiving. In the United States, the modern Thanksgiving holiday tradition is commonly, but not universally, traced to a sparsely documented 1621 celebration at Plymouth in present-day Massachusetts. The 1621 Plymouth feast and thanksgiving was prompted by a good harvest. Today, it's a time to count our many blessings and be grateful for our own good harvest—our health, our friends and family!

So, celebrate well this month. We truly do have much and many for which to be thankful. Take some time to reflect on all that is good in your world...in our world!

Sincerely,

Kerry Peek

ON OUR COVER: All aboard! From left to right, Linda Weigand, Norma McDermott, Debbie Dziengielewski and Virginia Cody pose before for their ride on the Cuyahoga Valley Scenic Railroad. The ladies are members of our Cheektowaga Seniors Club and were on their trip last month called Amish Delights & Cleveland Sights. Norma & Virginia are long-time members who travel with the group a lot but this was Linda & Debbie's first trip and they said they had a great time and will definitely travel with the Club again!

VAN SERVICES

In cooperation with the Erie County Department of Senior Services, the Town operates five (5) vans to pick up Senior Citizens, age 60+ (who cannot use any conventional means of transportation) at their home and take them to the doctor, food shopping, and other necessary services. **This is a curb to curb service. Residents requiring assistance getting in/out of their home or the van should bring a friend or family member along to assist them.**

The suggested donation for a one-way trip is **\$3** and **\$8** one way for the wheelchair van, but the donation is confidential and each person determines what he or she can pay. The vans run five days a week from 8:30 am to 3:30 pm. Please try to make your appointments early in the day, allowing plenty of time for your return home.

Van reservations for **MEDICAL APPOINTMENTS** can be made a **minimum of 24 hours and a maximum of two weeks in advance** (the sooner the better). All **OTHER APPOINTMENTS** (shopping, banking, etc.) can be made a **minimum of 24 hours and a maximum of one week in advance**. Appointments will be scheduled on a space availability basis—medical being the priority. **For the health & safety of other passengers and our drivers, we do not transport residents to the Laundromat with dirty laundry. WHEN GROCERY SHOPPING, EACH RIDER IS LIMITED TO 4 BAGS.** Van drivers can help unload the bags but are not permitted to enter the rider's home.

PHONE NUMBER—858-RIDE (858-7433)
WEEKDAYS, 8:30 AM—4:20 PM TO MAKE A RESERVATION.

STAYING FIT DINING PROGRAM

In cooperation with the Erie County Department of Senior Services, the Town provides a **nutritious hot meal and social opportunities** for persons age 60 or over and their spouses **EACH WEEKDAY AT NOON.**

The suggested contribution for each meal is \$3.00. PLEASE CALL AHEAD IF YOU ARE A NEW PARTICIPANT. The following locations donate their facilities in order that we may conduct this program:

CAYUGA VILLAGE COMMUNITY CENTER

100 Hutchens Drive (off Losson Road)
583-4141 (Donna) (Call between 10am-1pm)

CHEEKTOWAGA SENIOR CENTER

3349 Broadway (near Union Road)
686-7417 (Chris)

INFANT OF PRAGUE CHURCH

921 Cleveland Drive (between Beach Road & NYS Thruway)
632-9574 (Lin) (Call between 10am-1pm)

MARYVALE EAST COMPLEX

100 Moorman Drive
583-1190 (Alice) (Call between 10am-1pm)

SLOAN COMMUNITY CENTER*

140 Halstead Avenue (off Broadway)
897-1389

VIOLET SENIOR APARTMENTS

11 Haley Lane (off French Road)
534-6486 (Shirley)

WILLIAMSTOWNE SENIOR APARTMENTS*

2940 William Street (across from Cayuga Creek Rd.)
892-2263 (Karen)

**These sites are not sponsored by us but we include them here so you know you have other options close to home—you can eat at ANY site in Erie County*

MEALS ON WHEELS PROGRAM

In cooperation with the Buffalo and Erie County Meals on Wheels Program, we offer five-day delivery of hot and cold meals to homebound seniors in the Cheektowaga community. **PERSONS INTERESTED IN RECEIVING MEALS SHOULD CALL 822-2002.**

VOLUNTEERS NEEDED! Would you be willing to donate an hour (11:30 am-12:30 pm) one day per week to help us help others? We need drivers and meal servers to deliver the meals. There are three sites in Cheektowaga. Contact the location near you and volunteer today!



CHEEKTOWAGA SENIOR CENTER

601-0646 (Jim)

LORD OF LIFE

656-7186 (Nancy)

MARYVALE PRESBYTERIAN CHURCH

892-1711 (Joanne)

FITNESS CLASSES

TUESDAYS---9:00-10:00 am

THURSDAYS---9:00-10:00 am

Come join our fitness instructor, Kim Kawa, for an hour of aerobic exercise. There are standing exercises and floor exercises. All classes provide an excellent workout and you will be reminded to work at your own pace. Seniors are encouraged to dress comfortably, wear sneakers, bring a mat or towel to lay on and 1-3 lb. hand-held weights are optional. ALL senior residents, age 60 plus, are welcome to join this FREE program.

FITNESS ROOM

Our fitness room is open for your use during our Center's operating hours (M-F, 9:00 am-4:00 pm). Be sure to check in the office first. —To use the room you must pay our fitness room membership fee (\$25 for the year), get an I.D. Card and update your doctor's release. If it is your first time using the room, set up an appointment with Kim to give you a brief training before you begin. Remember you should bring dry shoes to put on before using the equipment—not your wet shoes from outside. ***Non-Resident Guest Memberships Available—we invite our non-resident guest friends to join our fitness room for the year at the rate of \$45. We've had a few requests for this and we certainly want to be inclusive, not exclusive, as long as it means our residents still have priority. **Fitness Room Memberships are for a FULL ONE YEAR PERIOD!** For example, if you sign up on May 2, 2016 and pay your \$25 fee, your membership will not expire until May 2, 2017. There is not a half-year rate.

CHAIR MASSAGE & TABLE MASSAGE

Karen Farrell, our licensed massage therapist, will be offering **Table Massage on Tuesdays, \$19 for 25 minutes** and **Chair Massage on Fridays, \$8 for 15 minutes.** Appointments can be made in our Center office or by calling 686-3930.

****TRY KAREN'S HOT STONE MASSAGE****

Instead of just a table massage on Tuesdays, you can make an appointment for a **HOT STONE MASSAGE.** It is still a 25-minute treatment and the fee will be \$21 payable directly to Karen. This is just one more option for you—if you prefer the regular table massage, that is still available. When you call for your appointment, let them know which treatment you'd like.

ZUMBA CLASSES

MONDAYS, 6:00-7:00 pm

TUESDAYS, 11:00 am—12:00 pm

\$2.50 per class. Wear comfortable, COOL clothing.

ZUMBA is a fusion of Latin and International music with dance themes creating a dynamic, exciting, effective fitness system! It targets areas such as the glutes, legs, arms and the most important muscle in the body—the HEART! Dance experience is NOT needed. Come and see what ZUMBA is all about. Our instructor is Julia Kiesznowski.

BE A WINNER...

Each month we will have drawings for a \$10 gift certificate good toward a center-sponsored event.

BIRTHDAY BUCKET: If your birthday falls during the month, fill out a slip at the sign in table in the lobby, put it in the bucket and we'll draw a winner from there.

ANNIVERSARY BUCKET: If you & your spouse are celebrating their wedding anniversary during the month, fill out a slip at the sign in table in the lobby, put it in the bucket and we'll draw a winner.

SEPTEMBER WINNERS

Birthdays—Alice Bialek

Anniversaries—Harry & Barbara Myszka

FREE BLOOD PRESSURE CHECK

Wednesday, November 2, 9-11 am

Thursday, November 17, 9:30-11:30 am

Wii OPEN BOWLING

Wii Open Bowling times can be reserved in one-hour increments

Monday, November 14—12:30 pm

Wednesday, November 30—1:30 pm



MEXICAN TRAIN DOMINOES

Wednesday, November 2 & 16

1:00 pm in the Atrium

Bring \$1.55 (13 dimes and 1 quarter)

All levels of play welcome—if you are a beginner, don't be nervous, we'll show you how to play!

LOTTERY LUNCH BUNCH

Ten seniors, selected by lottery, will travel by van with a Center staff member to a local restaurant for a Dutch treat lunch (pay your own way). This is a great chance to meet some new friends at the Center and explore new dining experiences. Drop your name in our "Lottery Lunch Bucket" in the office and we'll call you the week before if you are selected. **On Thursday, November 17 join Jamie & Pat as they travel to Frank's Grille on Broadway in Lancaster for lunch.** Please meet in our lobby at **11:30 am** if we call you to say you were selected. **If you are a couple or two friends wishing to go together, please put both your names on your entry slip.** Be sure to include your phone number.

TAI CHI

Wednesdays, 9:30am – 10:30am

November 9th-December 21st

\$35 for the 7-week session



This class is for all levels and abilities, from beginner through intermediate and advanced. Research has shown that people with balance problems who take Tai Chi classes significantly improve their balance, reducing the risk of falling. Tai Chi also increases your strength, concentration and body awareness and may even lower your blood pressure. All around Tai Chi does your body good. Sign up for classes today!



NEW MEMBER COFFEE HOUR

Thursday, November 17 at 9:30 am

Come hear about all the programs, activities and services we offer at our Center. Please sign up in our office so we know how many to expect. Complimentary coffee, tea & sweets will be served.

OPEN PICKLE BALL

Tuesdays, 11:00 am-2:00 pm

At the Alexander Community Center

\$3 per person, equipment provided if you need it
Sponsored by our Town Youth & Recreation Department



NOVEMBER

Sunday

Monday

Tuesday

Wedn

COUPLES CELEBRATING 50 YEARS OF MARRIAGE IN 2017...

Cheektowaga couples who are celebrating their golden wedding anniversary next year are cordially invited to our special celebration on MAY 3rd from 5:00-8:00 pm. Please sign up at the table in our lobby or see a staff member if you were married in 1967 and would like to attend this wonderful event. You will be encouraged to bring up to six other guests with you complimentary and can invite other guests for a small fee. **YOU WON'T WANT TO MISS THIS ONE!**

DEADLINE TO REGISTER IS FEBRUARY 28th.

Please help us get the word out about this celebration of love!

6

11:30 Bus leaves for "Tenderly—The Rosemary Clooney Musical at Musicalfare & Lunch at Orazio's



7

9:00-11:00 Senior Band (atrium)
9:00 Quirky Quilters Club (craft rm.)
9:00-12:00 Ceramics
9:30 Euchre (mtg. rm. B)
10:00 Creative Coloring \$1.50 (craft rm.)
10:00 Cheek. Seniors Club Trip Sign-Ups (conf rm.)
12:00 SENIOR LUNCH (Turkey Vegetable Casserole)
1:00 Cheek. Seniors Club Meeting (banq. hall)
*Trip Presentation on Italy 2017 and Poland 2018
1:00-4:00 Ceramics
6:00-7:00 ZUMBA Class \$2.50 (banq. hall)

1

9:00-12:00 Tax Volunteer Training (board rm.)
9:00 Fitness Class (banq. hall)
9:00-6:00 Senior Men's Club (ceramic & pool rm.)
9:30 Cribbage
10:00 Watercolor Painting \$2.50 (craft rm.)
Walk-ins Welcome
10:00-10:45 Chair Exercise (banq. hall)
10:00-12:55 Table or Stone Massage (by appt. only)
11:00-12:00 ZUMBA \$2.50 per class
12:00 SENIOR LUNCH—(Boneless Chicken Breast w/ Gravy)
1:00 Card Players Club—fun, friendly, free (craft rm.)
1:00 Senior Choral Group Rehearsal (atrium)

9-11 Free Blood Pressure
9:15 Contract Bridge
9:15-12 Needles, Pins & Hook
9:30 Tai Chi—must pre-reg
10:00 Greeting Card Making
10:30 Early Bird Pinochle
12:00 SENIOR LUNCH—(Breaded Chicken Breast w/ Gravy)
12:30 Cheek. Retirees Meeting
1:00 Pinochle Tournament
1:00 Mexican Train Dominoes
1:00-3:30 Living Healthy (conf. rm.)

8

ELECTION DAY—BE SURE TO VOTE!!!

9:00-12:00 Tax Volunteer Training (board rm.)
9:00 Fitness Class (banq. hall)
9:00-6:00 Senior Men's Club (ceramic & pool rm.)
9:15-12:15 Van for Volunteers to Resurrection Life Food Pantry (lobby)
9:30 NO CRIBBAGE TODAY—Card Room is Polling Place
10:00 Craft—Fall Shirt \$4 (craft rm.)
10:00 Watercolor Painting \$2.50 (craft rm.)
Walk-ins Welcome
10:00-10:45 Chair Exercise (banq. hall)
NO Table or Stone Massage Today
11:00-12:00 ZUMBA \$2.50 per class
12:00 SENIOR LUNCH—(Penne Pasta w/ Meatballs & Tomato Sauce)
1:00 Card Players Club—fun, friendly, free (craft rm.)
1:00 Senior Choral Group Rehearsal (atrium)

9:15 Contract Bridge
9:15-12 Needles, Pins & Hook
9:30 Pre-Departure Mtg. for
9:30 Tai Chi—must pre-reg
10:00 Greeting Card Making
10:30 Early Bird Pinochle (banq. hall)
12:00 SENIOR LUNCH—(Breaded Chicken Breast w/ Gravy)
1:00 Pinochle Tournament \$3 (banq. hall)
1:00 Hillbilly Horseshoes (atrium)
1:00-3:30 Living Healthy Ch (conf. rm.)
1:00 Free Movie Matinee
Bulletin for movie title
4:45 Bus departs for "An American
7:00 Cheek. Patriotic Comm

13

12:15 Bus leaves for "The Music Man" at NRTG & Lunch at Pane's

Don't just count your blessings. Be the blessings other people count on.

14

9:00-11:00 Senior Band (atrium)
9:00 Quirky Quilters Club (craft rm.)
9:00-12:00 Ceramics
9:30 Euchre (mtg. rm. B)
12:00 SENIOR LUNCH (Breaded Chicken Breast w/ Gravy)
12:30-2:00 Wii Open Bowling (atrium)
1:00-4:00 Ceramics
1:30-2:30 SOS Union East Pre-K Crafting *sign-up in office, MEET AT THE SCHOOL
6:00-7:00 ZUMBA Class \$2.50 (banq. hall)
7:15 CREB Mtg. (banq. hall)

15

8:30 Bus leaves for Seneca Niagara Casino
9-12 Tax Volunteer Training (board rm.)
9:00-12:00 AARP Safe Driving Class (conf. rm.)
9:00 Fitness Class (banq. hall)
9-4 Senior Men's Club (ceramic & pool rm.)
9:30 Cribbage
10:00 Craft—Turkey Sign \$4 (craft rm.)
10:00 Watercolor Painting \$2.50 (craft rm.)
10:00-10:45 Chair Exercise (banq. hall)
NO Table or Stone Massage Today
11:00-12:00 ZUMBA \$2.50 per class
12:00 SENIOR LUNCH—(Knockwurst w/ Sauerkraut & Mustard)
*Served Tray-style in atrium
12:00 Chapel Seniors Holiday Party (banq. hall)
1:00 Card Players Club—fun, friendly, free (craft rm.)

9:00-12:00 AARP Safe Driving
9:15 Contract Bridge
9:15-12 Needles, Pins & Hook
9:30-10:30 Tai Chi—must pre-reg
10-12 United Health Care
10:30 Early Bird Pinochle (banq. hall)
12:00 SENIOR LUNCH—(Meatballs w/ Gravy)
1:00 Pinochle Tourn. \$3 (banq. hall)
1:00 Mexican Train Dominoes
4:00-8:00 CENTER "GIVING THANKS" DUE BY 11/8

20

What seems to us as bitter trials are often blessings in disguise. -Oscar Wilde

21

9:00-11:00 Senior Band (atrium)
9:00 Quirky Quilters Club (craft rm.)
9:00-12:00 Ceramics
9:30 Euchre (mtg. rm. B)
10:00 Creative Coloring, \$1.50 (craft rm.)
10-11:30 Retuning The Holiday Blues" \$15 due by 11/21 (conf. rm.) FREE but please sign up in office
12:00 SENIOR LUNCH—(Swedish Meatballs w/ Cavatappi Pasta)
1:00-4:00 Ceramics
6:00-7:00 ZUMBA Class \$2.50 (banq. hall)
Nashville Tour Returns

22

9:00 Fitness Class (banq. hall)
9-4 Senior Men's Club (ceramic & pool rm.)
9:30 Cribbage
10:00 Craft—Holiday Welcome \$10 (craft rm.)
10:00 Watercolor Painting \$2.50 (craft rm.)
10:00-10:45 Chair Exercise (banq. hall)
10:00-12:55 Table or Stone Massage Today by appt.
11:00-12:00 ZUMBA \$2.50 per class
12:00 SENIOR LUNCH—Thanksgiving Special (Sliced Roasted Turkey w/ All The Fixings)
1:00 Card Players Club—fun, friendly, free (craft rm.)
1:00 Senior Choral Group Rehearsal (atrium)
1:00 University Express "Rock N Roll Buffalo" (conf. rm.) FREE but please sign up in office

9:15 Contract Bridge
9:15-12 Needles, Pins & Hook
9:30-10:30 Tai Chi (must pre-reg)
10:30 Early Bird Pinochle (banq. hall)
12:00 SENIOR LUNCH—(Breaded Chicken Breast w/ Gravy)
1:00 Pinochle Tourn. \$3 (banq. hall)
1:00 Hillbilly Horseshoes (atrium)
1:00 Free Movie Matinee
Room Bulletin for movie title

27

Some people come into your life as blessings others come into your life as lessons.

28

9:00-11:00 Senior Band (atrium)
9:00 Quirky Quilters Club (craft rm.)
9:00-12:00 Ceramics
9:30 Euchre (mtg. rm. B)
10-11:30 Retuning The Holiday Blues" \$15 due by 11/21 (conf. rm.)
12:00 SENIOR LUNCH—(Creamy Turkey & Vegetable Pasta Toss)
1:00-4:00 Univera Info. Session (conf. rm.)
6:00-7:00 ZUMBA Class \$2.50 (banq. hall)

29

9:00 Fitness Class (banq. hall)
9-4 Senior Men's Club (ceramic & pool rm.)
9:30 Cribbage
10:00 Watercolor Painting \$2.50 (craft rm.)
10:00-10:45 Chair Exercise (banq. hall)
10:00-12:55 Table or Stone Massage (by appt. only)
11:00-12:00 ZUMBA \$2.50 per class
12:00 SENIOR LUNCH (Ricotta Cheese Stuffed Shells w/ Meat Sauce)
1:00 Card Players Club—fun, friendly, free (craft rm.)
1:00 Senior Choral Group Rehearsal (atrium)

9:15 Contract Bridge
9:15-12 Needles, Pins & Hook
9:30-10:30 Tai Chi (must pre-reg)
10:30 Early Bird Pinochle (banq. hall)
12:00 SENIOR LUNCH—(Breaded Chicken Breast w/ Gravy)
1:00 Pinochle Tourn. \$3 (banq. hall)
1:00 University Express "Viv Les Miserables" (conf. rm.)
office
1:30 Wii Open Bowling (atrium)
2:30 Sending Rays of Sunsh

SENIORS OFFERING SERVICE

MEN ONLY FUN & LUNCH

With the guys from Elderwood Assisted Living at Cheektowaga, 225 Bennett Road

Friday, November 4, 10:00 am –1:30 pm

We are looking for MEN to join us for this day of fun with the guys at Elderwood Assisted Living. They enjoy conversation, cards and good company. We'll have a little of all that, then lunch together and then enjoy a BEER TASTING & trivia activity together. Volunteers should meet right at Elderwood. The Assisted Living facility is the dark brick building at the back of the campus.

UNION EAST PRE-K CRAFTING

With the Pre-K students at Union East Elementary

On Union Road, next to & set back from
Cheektowaga Central High School

Monday, November 14, 1:30-2:30 pm

LOTS of helping hands are needed to work with these four-year olds as they create placemats for our senior lunch program's special Thanksgiving lunch. Volunteers will work in teams and be assigned to a Pre-K classroom to assist the teachers with this fun & simple craft idea. The kids are excited to have us visit and show us their cutting and pasting skills. *Please MEET RIGHT AT THE SCHOOL. Buzz in at the entrance and wait by the office window until all volunteers arrive. Kerry will be there to check everyone in and divide the group into teams.

RETUNING THOSE HOLIDAY BLUES

It's the most wonderful time of the year...well, not for everyone. At a time of year when our culture and communities are telling us to be "happy"; many often are silently experiencing loneliness, sadness, grief and feeling overwhelmed. These "holiday blues" are very real feelings that often creep up on us, draining us of the joy and peace we long for.

Annette DeNies, LMSW, Mindfulness-Based Stress Reduction Teacher will be exploring what triggers holiday blues and the ways in which we can work with them. Please join us as we begin to retune those holiday blues into joy and peace that is available to us all.

Monday, November 28

10:00-11:30 am

In our conference room

\$15 per person (limit of 25 participants)

Please sign up and pay in the office. Checks should be made out to Annette DeNies. Deadline to register is November 21st.

COMMUNITY CORNER...

WEGMANS PHARMACY is sponsoring **FREE MEDICARE PART D SEMINARS**...Understanding Medicare Coverage can be complicated and Wegmans pharmacy team wants to help. If you are 65 or older, you may want to attend one of their FREE seminars to help you understand the benefits and savings that you may be eligible for within Medicare Part D.

Seminars are being held EVERY WEEK THROUGH NOVEMBER 18th at the stores and times listed here:

Sheridan Drive in Williamsville, every FRIDAY at 10:00 am
(Free Breakfast Served)

Alberta Drive in Amherst, every WEDNESDAY at 2:00 pm
(Free Snack Served)

*Please sign up at the service desk in any store if you'd like to attend.

CENTER SPECIAL EVENTS



GIVING THANKS

Wednesday, November 16th, 4:00-8:00 pm

\$19 per person

Join us as we give thanks and celebrate Thanksgiving with all of our friends from the Center. Our family-style meal will be catered by Peter G and will include a chef salad, roasted turkey, roast beef, mashed potatoes with gravy, stuffing, corn and cranberry sauce. For dessert we will have coffee and tea with pumpkin pie. After dinner, enjoy the fun sound of the Kokomo Time Band—great music to dance off your dinner. *Your Dinner Club Card will be punched.*

Deadline To Buy Tickets: Tuesday, November 8

HOLIDAY BRUNCH

Monday, December 12, 10:00 am—1:00 pm

(Brunch served at 11 am)

\$15 per person

Come and share the holiday spirit with all of your friends at the Center. Gather together for some holiday games, complete with prizes and a chance to win special door prizes too. Then enjoy a **family-style brunch**, catered by Peter G. The menu will consist of scrambled eggs, sausage, ham, home fries, French toast, mixed pastries, orange juice, coffee & tea. Finally, sit back, relax and enjoy the festive sounds of Cheektowaga Central High School's Concert Choir. Don't miss this chance to spend some Holiday time with us. *Your Dinner Club Card will be punched.*

Deadline To Buy Tickets: Friday, December 2



NEW YEAR'S EVE PARTY

Saturday, December 31, 7:00 pm—12:45 am

\$29 per person (Cheektowaga Senior Residents)

\$34 (Senior Non-Resident Guests)

Ring in the New Year at our 4th annual bash. Your family-style dinner will be served at 7:00 pm by Peter G's Catering. We will begin with a shrimp cocktail then a chef salad, rolls & butter, steak roll ups, chicken marsala, mashed potatoes with gravy, California veggie medley and cucumbers & cream. To finish the meal, coffee & tea will be served with black forest cake for dessert. From 8:30-12:30 Tony Krew & Company will play for your listening and dancing pleasure. We will stop just before midnight to countdown to 2017—hats & noisemakers included. Guests are permitted to bring their own snacks & beverages. Pop will be for sale \$1 per bottle. *This is a center-sponsored event so your Dinner Club Card will be punched.*

Deadline To Buy Tickets: Friday, December 16 (or until sold out)

BBQ WITH BARNSTORM

Tuesday, January 31, 2017, 5:00-9:00 pm

\$19 per person (Cheektowaga Senior Residents)

\$24 per person (Senior Non-Resident Guests)

We will start off this toe-tapping, boot-stomping evening with a BUFFET dinner catered by BW Smokin' Barrel Barbecue. Dinner will include chef salad with Italian dressing, 1/4 BBQ chicken, 1/4 rack of ribs, BBQ baked beans, baby buttered spuds and a pastry heart for dessert. Following dinner, we will be entertained with the dancing and listening music of Barnstorm. They are committed to providing an upbeat, "A" class, live musical and dancing entertainment experience that all Country music fans will appreciate and enjoy. *This is a center-sponsored event so your Dinner Club Card will be punched.*

Tickets Go On Sale: Monday, November 21

Deadline To Buy Tickets: Monday, January 23 (or until sold out)

