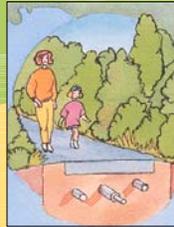


BUILDING COMMUNITY TRAILS ACROSS CHEEKTOWAGA



THE HIDDEN VALUE OF GREENWAYS AND TRAILS

Greenways and rails-trails preserve corridors for future utility and transportation needs, including rail use. The utilities best suited for greenways and trails are those that can be installed underground, although above-ground utilities, such as telephone, power lines, sometimes share trail corridors.

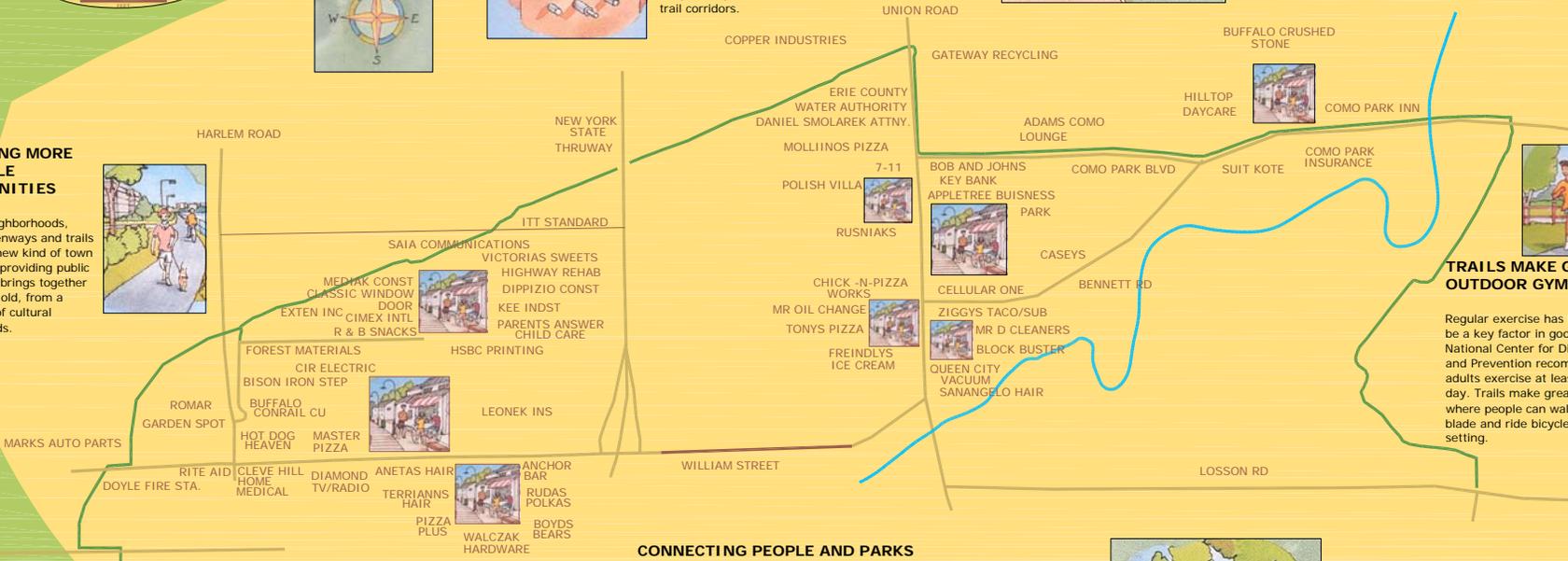


TRAILS AND TRAINS TOGETHER: A GROWING MOVEMENT

In communities still lucky enough to have trains moving freight and passengers, demand for off-road trails is being met through the rails-with-trails approach. More than 40 U.S. communities have located pathways along active rail corridors. In Cheektowaga about 1 1/2 miles is proposed to coexist with an active rail.

CREATING MORE LIVEABLE COMMUNITIES

Linking neighborhoods, parks, greenways and trails became a new kind of town commons, providing public space that brings together young and old, from a multitude of cultural backgrounds.

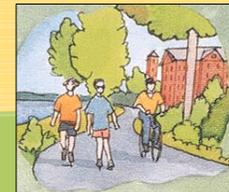


TRAILS MAKE GREAT OUTDOOR GYMS

Regular exercise has been shown to be a key factor in good health. The National Center for Disease Control and Prevention recommends that all adults exercise at least 30 minutes a day. Trails make great outdoor gyms, where people can walk, jog, roller blade and ride bicycles in a natural setting.

CONNECTING PEOPLE AND PARKS

In Cheektowaga a 4 and 1/2 mile east-west multi-use path, connects several parks and preserves. Greenways and multi-use trails are cost-efficient because they link existing preserved open space, creating a sense of large space while using very little land, an especially important benefit in densely populated areas.



GOOD TRAILS ARE GOOD BUSINESS

Business leaders in Cheektowaga know that quality of life is a crucial factor in recruiting and keeping good employees and that trails enhance a community's quality of life.

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