

Gymnastics / Youth Sports

Gymnastics

We offer a wide variety of classes for all ages. We start with the 3 and 4 year olds in our tiny tumblers class which gives the kids an introduction into the exciting world of gymnastics. The next level is for beginners ages 5 and up. They learn basic gymnastic skills featured in Olympic events. As the children progress and are able to perform certain skills, they will be allowed into either the introduction to advanced or advanced 1 & 2 classes. We emphasize a FUN and SAFE environment for everyone. **Special Note:** Parents are not allowed in the instruction area, it is very distracting to our gymnasts. You may wait in the lobby or leave the building.



Location: Alexander Community Center
Class Limit: 25 per class
Start Date: Saturday, September 15th
End Date: Saturday, November 17th
Of Classes: 10

3 YEAR OLDS

Days & Times: Saturday, 9:00-10:00am [6493]
Resident Fee: \$50 2nd Child - \$45
Fee: \$70 2nd Child - \$65

4 YEAR OLDS

Days & Times: Saturday, 10:00-11:00am [6494]
Resident Fee: \$50 2nd Child - \$45
Fee: \$70 2nd Child - \$65

BEGINNER (AGES 5+)

Days & Times: Saturday, 11:00am-12:00pm [6488]
 12:00-1:00pm [6489]
Resident Fee: \$60 2nd Child - \$55
Fee: \$80 2nd Child - \$75

INTRO AND ADVANCED LEVEL 1 & 2

*Need permission from gymnastics supervisor to register
Days & Times: Saturday, 1:00-2:30pm [6490]
Resident Fee: \$70 2nd Child - \$65
Fee: \$90 2nd Child - \$85

JUST A BACK HANDSPRING

*Must be able to do a round-off and a solid bridge before entering class
Days & Times: Saturday, 12:00-1:00pm [6491]
Resident Fee: \$60 2nd Child - \$55
Fee: \$80 2nd Child - \$75

IN ORDER TO RECEIVE THE RESIDENT RATE YOU MUST PURCHASE A RESIDENT CARD

PRIVATE LESSONS Please call Lisa Miller at 897-7207 ext. 6668 to set up an appointment. Fee: \$17/hour payable at door or \$14/hour if you are a current gymnastics participant

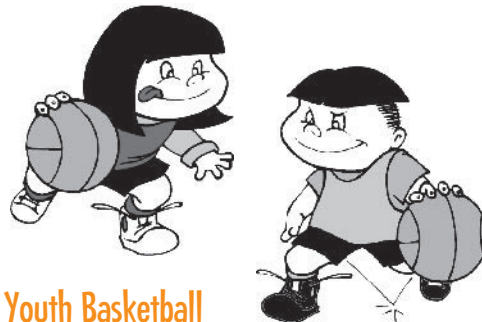


Start Smart Basketball

Start Smart Basketball teaches children (ages 3-6) the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parent. The program focuses on teaching children and their parents skills in dribbling/ball handling/passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt. Class is held once a week for 10 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement.

Note: Each child receives a mini basketball, a soft bounce basketball, four cones, one jersey and a participant's manual.

Start Date: Sept. 13, 2018
End Date: Nov. 15, 2018
of Classes: 10
Days/Times: Thursdays, 4:30-5:30pm
Location: Alexander Community Center
Ages: 3-6 yrs with parent/guardian [6482]
Resident Fee: \$60
Fee: \$80
Program Supervisor: Victor Nosal



Youth Basketball

Come join us in our fun-filled classes consisting of segments on fundamentals, techniques, and scrimmage play. All classes will be directed by a fully-certified recreational coaching staff.

Start Date: Sept. 18, 2018
End Date: Nov. 20, 2018
of Classes: 10
Days/Times: Tuesdays, 4:30-5:30 pm
Location: Alexander Community Center
Ages: 7-12 years [6478]
Resident Fee: \$60
Fee: \$80
Program Supervisor: Victor Nosal

