

Activities

See monthly Newsletter for times & details

Tuesday:

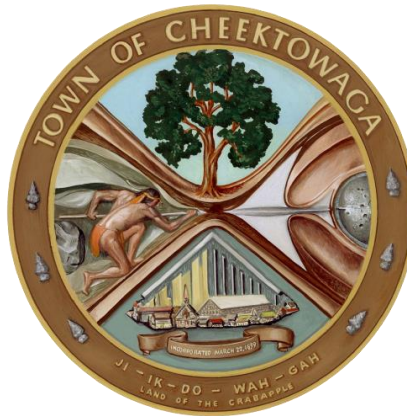
- Aerobic Fitness Class
- Chair Aerobic Class
- Men's Club
- Tuesday Card Club (Pinochle)
- Watercolor (Class or Studio) *
- Good Grief (Twice a month)

Thursday:

- Fitness Class
- Ceramics*
- Chess
- Line Dancing Class Beginner and Advanced*
- Stay fit Dining Program- with reservation*
- Mah Jongg
- Bingo*
- Card Club
- Fitness Room with Membership*
- Billiards
- Computer Lab
- Library
- Farmer's Market Truck * (discounted produce for sale 12:30 pm-1:30 pm)
- **Outreach Services with appointment**
- Occasional Craft Class*
- Special Events as scheduled *

Programs with an * have a fee to participate

We are not wheelchair Accessible at this time.

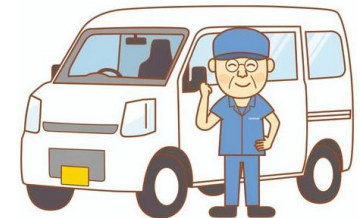


Cheektowaga Department of
Senior Services

3349 Broadway
Cheektowaga, NY 14227
716-686-3930

Catch a ride to the
Cheektowaga Senior Center!

Tuesday & Thursday Senior Shuttle



**TO SCHEDULE YOUR VISIT
PLEASE CALL 716-686-3930**

MONDAY- FRIDAY

9AM-4:30PM

Our Mission

To bring seniors who have no other means of transportation to the Cheektowaga Senior Center for social and recreational programs and activities

Who is eligible to participate?

Cheektowaga seniors, ages 60+ with no other means of transportation. Residents in Cheektowaga, Depew (west of Transit Road), and the Village of Sloan are eligible. The shuttle is for seniors living independently (in their own homes or apartments), NOT in assisted living or skilled nursing facilities.

When does the van run?

We will be operating on **Tuesdays and Thursday only**. First pick up is at 8:15 am and the last trip home is 3:00 pm.

How much is the cost of the Van?

Riders are asked to make a donation of their choice for the trips. The driver will give you an envelope for your donation. Please be assured your donation is confidential.

Stay-Fit Dining Program



In partnership With Erie County Senior Service, we have a Stay-Fit Dining Site right at the Senior Center. A hot, nutritionally balanced lunch is served at noon. You must call 716-686-7417 at least ONE WEEK IN ADVANCE if you want to reserve a lunch for Thursday. The suggested donation for lunch is \$3.50.

Monthly lunch calendars are available at the Senior Center.

This shuttle van is offered with support from the US Department of Housing & Urban Development and the Town of Cheektowaga

Outreach Services

We have a team of Outreach Services Coordinators on staff to assist seniors. They are the "go to" people for help. Our Outreach Service Coordinators are here to help you. They will provide linkages and referrals to all appropriate programs and services that you may need.

You can call our office 716-686-3930 Monday through Friday, 9am- 4:30pm and ask to speak to with one of the Outreach Coordinators to set up an appointment.

GET ASSISTANCE WITH

- HEAP
- SNAP
- EPIC
- SUBSIDIZED HOUSING
- VETERANS BENEFITS
- SSI
- MEDICARE / MEDICAID
- EMERGENCY BENEFITS AND MUCH MORE...